

EXPOSURE TO SECONDHAND SMOKE

increases a
nonsmoker's risk for
stroke by 20–30%

increases a
nonsmoker's risk
of developing heart
disease by 25–30%

can cause lung cancer
and increases a
nonsmoker's risk of
lung cancer by
20–30%

is one of the most
common asthma triggers

**There is no risk-free level of
exposure to secondhand smoke.
Breathing even small amounts can
be dangerous.**