

EXPOSICIÓN AL HUMO DE SEGUNDA MANO

aumenta el riesgo de sufrir un derrame cerebral de un no fumador por 20–30%¹

aumenta el riesgo de padecer enfermedades cardíacas de un no fumador por 25–30%¹

puede causar cáncer del pulmón y aumenta el riesgo de padecer cáncer del pulmón de un no fumador por 20–30%^{1,2}

es uno de los desencadenantes más comunes del asma

Ningún nivel de exposición al humo de segunda mano es seguro. Respirando incluso pequeñas cantidades puede ser peligroso.¹

#SHSExposed

¹ U.S. Department of Health and Human Services. The Health Consequences of Smoking—50 Years of Progress: A Report of the Surgeon General. Atlanta: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Office on Smoking and Health, 2014. ² U.S. Department of Health and Human Services. The Health Consequences of Involuntary Exposure to Tobacco Smoke: A Report of the Surgeon General. Atlanta: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Office on Smoking and Health, 2006. ³ Centers for Disease Control and Prevention. Asthma: Common Asthma Triggers [last updated 2012 Aug 20; accessed 2016 April 26].